



Having a **blood test**

This leaflet explains what happens when you have a blood test



a blood test can be done by a doctor or a nurse or a special worker called a phlebotomist



a phlebotomist is a health worker whose job it is to take blood



GP surgery



Hospital

a blood test can be done at your doctor's or in a hospital



it can tell your doctor if there is anything wrong with you



- the nurse will put a tight band around your arm and ask you to keep still



- the nurse will put a needle into your arm - it might hurt a little - it sometimes helps to look away



- your blood will flow through the needle and will be collected in a special type of bottle



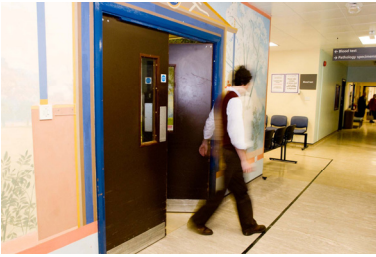
- this will be sent to the laboratory to be tested



- the nurse will take the band off your arm - you might be asked to press some cotton wool on your arm when the needle is taken out



- your arm should not bleed, but the nurse might give you a plaster



- you will be able to go now



- the results will be sent to your doctor who will explain them to you



If you are worried about having a blood test and would like to talk to someone, you can contact

- your doctor
- your local learning disabilities team

