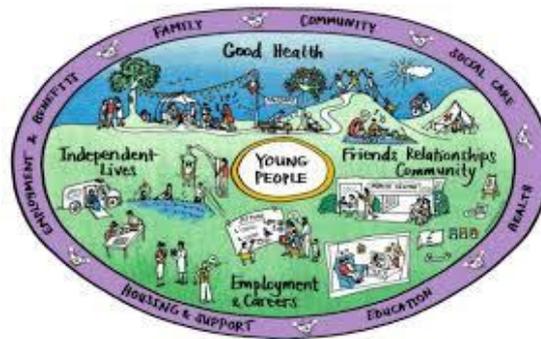


The Alexandra Centre

The Alexandra Centre is Camden’s educational provision for young people aged 16 to 25 with learning disabilities and/or autism. The Centre is run by Westminster Kingsway College and is situated in Swiss Cottage. Please click [here](#) for a map of the Centre’s location.

Education

Each student has a personalised curriculum. This is based on the outcomes specified in their Education, Health and Care Plan (EHCP). The curriculum also addresses the 4 key elements of “Preparing for Adulthood” – employment, independent living, community inclusion, and health.



There are 3 pathways that a student’s curriculum may follow. A student’s pathway is decided based on assessment carried out before they join, however this can change e.g. if a student progresses to the next pathway.

Pathway 1: Communication, Choice & Control

- For students at the earliest levels of physical and cognitive development
- Focuses on developing routines, improving communication and making choices, to give students the maximum degree of control over their daily lives.

Pathway 2: Independence & Skills

- For students who are likely to have high support needs on entry, but will be expected to become more independent as they progress through the course
- Focuses on enabling students to gain the maximum possible degree of independence in their daily lives.

Pathway 3: Skills for Work & Employability

- Typically (but not exclusively) for students with moderate learning difficulties and often with Autism
- Focuses on the skills needed for a range of vocational areas. Students undertake training, gain skills and knowledge through a broad vocational offer.

All pathways include:

- Maths and English (embedded or discrete, as appropriate)
- Enrichment (including creative options and sports)
- Tutorial
- Development of ICT skills

Each student also has a tutor, who holds overall responsibility for their education, setting targets and measuring progress, as well as a key worker who will work closely with the student on a daily basis and become familiar with their support needs.

Annual reviews are held to consider each student’s EHCP targets and outcomes. These are organised by the college and attended by education and health staff, the student (if appropriate) and their family/carers, as well as other relevant individuals such as social workers.

Health

Alexandra Centre also has a health team who ensure that students’ health needs are met, to enable them to meet the outcomes in their EHCP.

If the student has a GP in **Camden**, the health team can work with the student, their family and/or carers at college, at home and in the community.

If the student has a GP in **another borough**, their local learning disability team remains responsible for meeting their health needs outside of college. The Alexandra Centre health team will work closely with the local team to carry out interventions/recommendations from assessment.

The health team includes:

- Clinical Psychology
- Nursing
- Occupational Therapy
- Physiotherapy
- Speech and Language Therapy.

The diagram below gives examples of work at universal, targeted, and specialist levels.

The health can provide support around:

- Accessing mainstream health services
- Health needs such as epilepsy or allergies
- Positive Behaviour Support
- Eating and drinking
- Communication
- Mobility and physical activity
- Sensory interventions
- Life skills
- Healthy nutrition and hydration

