

# When someone you know has died



Loss can mean different things to different people



Some losses can hurt more than other losses



Loss can be when a person loses their **job** or their **home**



Loss can also be when a person or pet you **care** about has died



Death happens when a person's body stops working



People die for many different reasons

They might die when they get **old**



They might die because of an **illness**



When someone dies, they can't be brought back to life



When someone dies, you might have lots of different **feelings**

You might feel these feelings all at once



Sometimes it can be hard to tell other people how **upset** you are



Some people feel better after **talking** to others