Going to hospital for mental health treatment

for adults with learning disabilities

	your **name**
	your **next of kin** (your closest relative)
	your **responsible clinician** – this is the person who is in charge of you in hospital
	name of this **hospital** and **ward**
Date ?	date your **section** started

You are here because

- you are under **section** (Mental Health Act 1983)

- we are helping you to **stay safe**

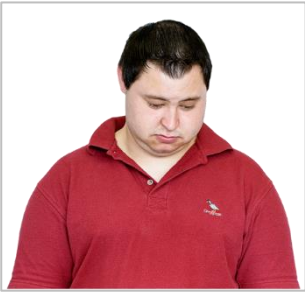- we are helping you to **get better**

You will stay here for **up to 28 days**

This is called a **section 2**

You will not be able to leave unless we say you can

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We can help you when you are feeling

- sad

- worried

- frightened

- confused

- angry

We can help you by

- **listening** to you

- **talking** with you

- helping you to take your **medication**

- giving you **information**

- asking **others** to help you

- helping you to stay **safe**

You can

- have **visitors**

- make and receive **phone calls**

- send and receive **emails** and **letters**

- **talk** to us

- **ask** us for help

What happens next

You will stay here for **up to 28 days**

We will give you **support**

We will give you **medication** if you need it

After 28 days your team will meet with you

They will decide if you need to stay here for **another 6 months**

If you want to leave hospital

- you can **appeal** against your section – this means you can ask the hospital managers to let you leave the hospital

- **we can help you** ask the hospital managers to let you leave

- you can ask your **next of kin** to talk to the hospital managers – for example you can ask your **family** or a **friend** to help

- you can ask the **tribunal** if you can leave hospital – the tribunal is a group of people who will meet you to decide if you can leave hospital

- we will talk to you about a **meeting** called a **hearing**

- you can ask your **next of kin** to come to the hearing

- you can ask a **solicitor** to help you – a solicitor is someone who knows about the law

- this is a **free service**

Contacts for LD services

Camden

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Camden Town Hall | Judd St | London WC1H 9JE

020 79 74 37 37

clds@camden.gov.uk

Islington

ILDP
52d Drayton Park | London N5 1NS

020 75 27 66 00

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