






Going to hospital for mental health treatment

for adults with learning disabilities

S3

	your name
	your next of kin (your closest relative)
	your responsible clinician – this is the person who is in charge of you in hospital
	name of this hospital and ward
	date your section started



You are here because

- you are under **section** (Mental Health Act 1983)



- we are helping you to **stay safe**



- we are helping you to **get better**



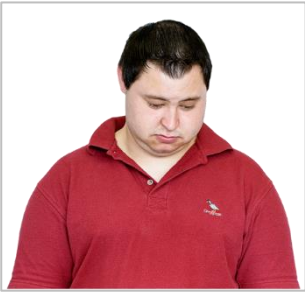
You will stay here for **up to 6 months**

This is called a **section 3**



You will not be able to leave unless we say you can

We can help you when you are feeling



- sad



- worried



- frightened



- confused



- angry

We can help you by



- **listening** to you



- **talking** with you



- helping you to take your **medication**



- giving you **information**



- asking **others** to help you



- helping you to stay **safe**

You can



- have **visitors**



- make and receive **phone calls**



- send and receive **emails** and **letters**



- **talk** to us



- **ask** us for help

What happens next



You will stay here for **up to 6 months**



We will give you **support**



We will give you **medication** if you need it



After 6 months your team will meet with you



They will decide if you need to stay here for **another 6 months**



If you want to leave hospital



- you can **appeal** against your section – this means you can ask the hospital managers to let you leave the hospital



- **we can help you** ask the hospital managers to let you leave



- you can ask your **next of kin** to talk to the hospital managers – for example you can ask your **family** or a **friend** to help



- you can ask the **tribunal** if you can leave hospital – the tribunal is a group of people who will meet you to decide if you can leave hospital



- we will talk to you about a **meeting** called a **hearing**



- you can ask your **next of kin** to come to the hearing



- you can ask a **solicitor** to help you – a solicitor is someone who knows about the law



- this is a **free service**

Contacts for LD services

Camden



CLDS

Camden Town Hall | Judd St | London WC1H 9JE



020 79 74 37 37



clds@camden.gov.uk

Islington



ILD P

52d Drayton Park | London N5 1NS



020 75 27 66 00



learning.disabilities@islington.gov.uk