## What is a learning disability?



A learning disability

is a lifelong disability from childhood



can affect the way you understand things



 can make it hard for you to manage on your own



A learning disability is different to a specific learning difficulty, like dyslexia

## The learning disability assessment



For us to know if you have a learning disability we have to look at 2 areas

How you were from when you were very young and how you learned things as you grew up



How you get on in your day-to-day life, things like looking after yourself and your home, getting out and about, staying safe



Sometimes we also look at how you understand things, how you make decisions, how you solve problems



To do this we sometimes go through some tests with you which measure your thinking skills

The tests help us understand your strengths and difficulties with your thinking skills



We look at these areas together when we decide whether or not you have a learning disability



We need your permission (consent) before we can do a learning disability assessment with you



If you have an assessment and we decide you do not have a learning disability, we can still help you find the right help

We call this signposting